



Attaya

Attaya is the Senegalese tea ceremony. It's served in three rounds. The first is strong and bitter, the second more sweet with a little mint, and the third is very sweet with more mint. It's supposed to reflect friendship: The longer we're together the sweeter it grows.

Round one (Lewel)

In a small tea pot (brada) put one cup water, 1 small glass (Kas) of sugar, and 1 small glass (kas) of tea leaves (warga). Set the pot on the furnu (small grill or gas burner) and bring the mix to a boil. Remove from heat and pour some of the content into each of the four small glasses. Begin pouring the liquid back and forth between the glasses until each glass has foam on it. Keeping the foam in the glasses, pour the liquid back into the brada and bring to a boil again. Remove from heat and pour into the glasses. Mix again until foam is even bigger then serve round one.

Round two

Add water to the brada (warga should still be in the pot). Add mint leaves (nana) and/or pastilles (a mint candy similar to gum drops) to the pot. Bring to a boil. Add two generous kas of sugar, bring to a boil again. Remove from heat and pour some of the content into each of the four small glasses. Begin pouring the liquid back and forth between the glasses until each glass has foam on it. Keeping the foam in the glasses, pour the liquid back into the brada and bring to a boil again. Remove from heat and pour into the glasses. Mix again until foam is even bigger then serve round two.

Round three

Add water and a little more warga to the pot. Add mint leaves (nana) and/or pastilles to the pot (be generous, this is the yummy round!). Bring to a boil. Add three generous kas of sugar and bring again to a boil. Remove from heat and pour some of the content into each of the four small glasses. Begin pouring the liquid back and forth between the glasses until each glass has foam on it. Keeping the foam in the glasses, pour the liquid back into the brada and bring to a boil again. Remove from heat and pour into the glasses. Mix again until foam is even bigger then serve round two.